# Lab 13: Sensory Alteration & Assessment Rodeo

**Activity One:** Complete the quiz in Canvas titled: ***Lab 13 Sensory Alterations Prep*** PRIOR to lab

**Activity Two:** Aging Activity: Sensory Deprivation in Older Client

Each of you will “experience” the aging process. Please do the following:

* Put an elbow brace on one arm and the knee brace on the opposing leg.
* Put eyeglasses on and ear plugs in both ears to demonstrate decreased visual acuity and hearing.
* Don gloves to simulate a decreased sense of touch.
* Add a tablespoon of birdseed to your shoes.

After becoming “elderly” do the following activities.

Read from newspaper

Take medications out of container

Thread a needle

Button a shirt

Count out 27 cents and 44 cents

Feed another student (apple sauce)

Write a brief description of how it feels to be “elderly.” Documents thoughts and emotions in space provided below.

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