**CAN Infractions**

Indirect Care

Promote **resident’s RIGHTS** during care

* Announce self or knock before entering room
* Provide explanations to residents about care before beginning and during care
* Refrain from addressing resident using terms other than name (Honey, baby, sweetie)
* Close Privacy curtain before providing care
* Minimize exposure of resident while bathing and when removing and replacing gown
* Leave resident covered with top sheet at completion of care (arms do not need to be under covers)
* Ask resident about preferences during care

Use Standard precautions and **infection control** measures when providing care

* Refrain from touching resident before hands are clean
* End skill with clean hands
* Remove gloves (if worn) without contaminating self
* Avoid holding clean or dirty linen against clothing
* Avoid placing soiled linen directly on overbed table
* Avoid placing linen or clothing directly on floor except as a barrier (emptying catheter bag)
* Use basin for bathing water

Promote **resident’s safety** during care

* Leave call light in or near residents’ hand at the end of skill
* Leave bed in low position at end of skill

Hand Washing

* Begin washing hands by wetting hands and applying soap to hands
* Use friction to distribute soap and create lather cleansing front and back of hands, between fingers, around cuticles, under nails and wrists
* Provide cleansing friction for a min of 20 seconds with hands lathered with soap
* End handwashing skill with clean hands avoiding recontamination of hands before procedure completed (e.g., having direct contact with faucet handles or sink surfaces once hands washed)

ROM Left elbow and wrist

* Move wrist through ROM by bending wrist to move hand down and back (flexion and hyperextension)
* Exercise **only correct joints** and **only correct side** when performing ROM?
* Ask resident to report discomfort during ROM or ask if resident has discomfort during ROM exercises

ROM left hip, knee and Ankle

* Exercise only correct joints and only correct side when performing ROM
* Support extremity to protect the working joint
* Move residents hip and knee through ROM, flexing knee and hip and raising toward torso and returning back to mattress (flexion/extension)
* Support extremity to prevent heel friction against mattress during ROM exercises
* Move residents foot up toward head and point down toward the mattress through ROM (dorsiflexion/plantar flexion)
* Ask resident to report discomfort during ROM
* Ask resident about preferences during care
* Ask resident to report discomfort during ROM or ask if resident has discomfort during ROM exercises

ROM left Shoulder

* Exercise **only correct joints** and **only correct side** when performing ROM?
* Move shoulder through ROM, raising and lowering arm along side, toward head of bed and back to mattress (flexion/extension)
* Ask resident to report discomfort during ROM or ask if resident has discomfort during ROM exercises

Occupied Bed

* Leave bottom sheet free of creases or folds
* Keep pillow positioned under residents head throughout and at the end of procedure, except when removed briefly to replace pillowcase
* Leave top sheet placed on top of resident to cover body up to shoulder level, without tucking in along sides?

Partial Bed Bath

* Protect bed linen from becoming wet during washing and rinsing of body (non-face)
* Wash and rinse resident’s neck, hand, arm, chest, and abdomen?
* Wash, rinse, and dry back?
* Cleanse eyes by using soap-free washcloth wiping eye from the inside corner to the outside corner, changing to clean area of washcloth before returning to inner corner and before cleansing the other eye?
* Wash resident’s face using a soap-free wet washcloth, unless ascertains resident’s preference to use soap before washing face?
* Use clean, soap-free, wet washcloth to remove soap from resident’s skin?
* Warm lotion before applying to resident’s back (e.g., warming in hands, placing bottle in warm water)?
* Use lotion to provide back rub with 3 long gliding and circular motions?
* Place clean hospital gown on resident and secure gown in back
* Complete skill having rinsed, dried and stored basin, placing soiled linens in hamper, disposing of trash, and leaving overbed table dry?

Catheter care

* Wear gloves while providing catheter care, cleaning equipment and handling soiled underpad, washcloth or towels
* Position towel or underpad under buttocks/thigh area before cleansing, and when care completed remove towel or underpad, or leave resident on a dry underpad
* Change spot on soapy washcloth for each washing stroke, wiping from front to back & away from body when cleaning the catheter.
* Hold catheter near meatus to prevent pulling when handling, and cleanse catheter using clean area of washcloth, washing away from body and down the catheter at least 3-4 inches
* Use clean soap-free wet washcloth to remove soap
* Dry perineal area, from front to back after completing cleansing and rinsing
* Complete skill having rinsed, dried and stored basin, placing soiled linens in hamper, disposing of trash and leaving overbed table dry

Foot Care

* Soak residents’ foot in basin of water
* Wash top and bottom of foot and between toes
* Remove soap from foot including between toes
* Dry entire top & bottom of foot including between toes
* DO NOT put lotion in-between toes
* Apply sock to foot leaving sock smooth, and replace shoe; leaving any fasteners, such as ties, secured
* Avoid placing resident barefoot directly on floor before, during or after foot care
* Remove visible excess lotion from foot if present after applying?
* Provide support to lower extremity throughout procedure as needed to avoid strain?

Hand and Fingernail care

* Clean hand surfaces using wet washcloth, cleaning between fingers, and if soap used, remove soap using either a clean, soap-free, wet washcloth or using basin water if not soapy?
* Support resident’s arm if raised off table when providing nail and hand care?
* Place fingers or full hand into basin of water to soak before removing residue from under nails
* Rest residents’ hands on barrier such as a towel once removed from basin while providing nail and hand care
* Dry hand before completing care
* Apply lotion to cleaned hand after nail care is finished

Measure and record Urine from drainage bag

* Wear gloves while handling the urinary drainage bag, the graduate or any urine filled container, and remove gloves before documenting I&O
* Set graduate on flat surface protected with barrier to read, obtaining measurement by reading graduate at eye level, and if poured into graduate from a bedpan, complete task over toilet pouring full amount of urine into the graduate.
* Empty urine in graduate into toilet after measuring, rinse and dry container, pouring rinse water into toilet?
* Record output with clean hands
* Record output within +/- 50 ml/cc’s of nurses measurement
* Record correct time on the I&O form (military time)
* Leave bag hanging from bed frame (not side rail), and drainage bag and tubing off (not touching) the floor?

Transfer

* Move wheelchair footrests out of the way before standing resident for transfer
* Prepare for transfer by positioning wheelchair with front interior wheel close enough to bed so that transfer can be completed as a pivot
* Stand in front of resident reaching under residents’ arms to hold transfer/gait belt at sides or around back throughout transfer
* Ask how the resident feels upon standing
* Place nonskid footwear (shoes) on resident before standing resident for transfer
* Lock wheelchair before standing resident to begin transfer
* Transfer resident as a pivot completed without having resident take steps to reach wheelchair, and before assisting resident to sit in wheelchair, positions with the back of resident’s legs against the seat of wheelchair
* Support resident to provide for controlled gentle lowering into seat of wheelchair
* Remove transfer/gait belt from resident’s waist without harming resident

Change of position

* Position device padding or pillows placed between legs so that bony prominences of the knees and ankles are separated
* Keep resident positioned on a bottom sheet throughout procedure
* Leave bottom sheet free of creases or folds.
* Leave resident positioned on side with upper knee bent in front of the lower leg (upper knee may be bent only slightly)
* Leave resident positioned on side without lying on the shoulder, arm and hand
* Leave pillow placed under head positioned to also support residents’ neck and chin
* Place pillow to support the resident’s upper arm, supporting both the shoulder arm
* Keep resident positioned a safe distance from the edge of the bed at all times
* Use positioning pillow placed under or against resident’s back (rolled and tucked) to maintain side lying position

Feeding

* Offer or assist resident to wash hands before feeding using a damp washcloth, paper towel or hand wipe
* Record the amount of the residents food intake on the foot and fluid intake form within 25% of the nurses measurement
* Record fluid intake within 25% of the nurses measurements
* Must offer at least 6 bites and 2 to 3 drinks of water

Mouth care and denture care

* Wear gloves when handling denture, providing mouthcare and rinsing denture/cup
* Protect residents clothing before providing mouth care
* Provide mouth care cleaning upper and lower gums, using moistened foam-tipped applicator or toothbrush
* Handle clean denture maintaining cleanliness after brushed, placing denture in denture cup filled with clean cool water.
* Use water cold water for rinsing denture and when filling denture cup
* Complete skill having rinsed, dried, and stored basin, emptying sink of water and removing barrier from sink, placing soiled linens in hamper, storing denture brush & toothbrush or disposing of used toothbrush, disposing of trash and leaving overbed table dry.

Mouth care brush teeth

* Assist resident to sitting position in bed by raising HOB and using pillows as needed to position resident upright at 60° to 90° before offering fluid or brushing teeth
* Moisten toothbrush with water and apply toothpaste before brushing teeth

Dressing a resident who has a weak Right Arm

* Remove hospital gown
* Include resident in decision making about clothing to wear (give them 2 options)
* Dress affected arm first (weak side first )
* Gather up sleeve to ease pulling over affected arm
* Apply clothing correctly (front of shirt in front) adjusting for comfort, neatness alignment and close fasteners

Perineal care

* Limit exposure of resident throughout perineal care (sheet to knees/gown to waist)
* Use soapy washcloth to wash front perineum to include genital and skin fold areas of groin
* Wipe from front to back with all washing and rinsing strokes when cleansing the front perineum, to include the genital and skin fold areas of groin.
* Change spot on washcloth for washing and rinsing strokes when cleansing inside the vulva

Perineal Care

* Use water of safe temperature for washing and rinsing (You must ck water temp and pt must check water temp)
* Limit exposure of resident throughout perineal care (sheet to knees/gown to waist)
* Position resident on side to prepare for cleansing of buttocks and rectal area
* Wash, rinse, and dry buttocks and rectal area / Wipe from front to back with all washing and rinsing strokes when cleansing the rectal area
* Change spot on washcloth for washing and rinsing strokes when cleansing inside the vulva
* Use water of safe temperature for washing and rinsing (You must ck water temp and pt must check water temp)

Measure and record respirations

* Measure rate of respirations without providing instructions to resident about how to breathe? (Note: It is acceptable for candidate to say he/she is counting breathing, respirations, pulse or even taking vital signs
* Measure rate of respirations without providing instructions to resident about how to breathe? (Note: It is acceptable for candidate to say he/she is counting breathing, respirations, pulse or even taking vital signs)
* Count respirations for one full minute? Each rise and fall= 1
* Record resident’s respiration rate on Measurement Form within +/- 2 breaths per minute of nurse’s measurement

Measure and record pulse

* Use fingers (not thumb) to take pulse?
* Places fingers on wrist at radial pulse to measure pulse rate?
* Record resident’s pulse rate on Measurement Form within +/- 4 beats per minute of nurse’s measurement?