

Spinal Nerve Function

VERTEBRAL LEVEL

NERVE ROOT	INNERVATION		POSSIBLE SYMPTOMS	
C 1	Intracranial Blood Vessels	Scalp	Headaches	Migraine Headaches
C 2	Eyes	Base of Skull	Sinus Problems	Dizziness
C 3	Lacrimal Gland	Neck Muscles	Allergies	Fatigue
C 4		Diaphragm	Head Colds	Vision Problems
C 5	Neck Muscles	Hands / Fingers	Runny Nose	Stiff Neck
C 6	Shoulders	Esophagus	Sore Throat	Arm Pain
C 7	Elbows / Arms	Heart	Cough	Hand and Finger Numbness/Tingling
C 8	Wrists	Lungs / Chest	Croup	Heart Conditions
T 1			Asthma	High Blood Pressure
T 2	Arms	Lungs / Chest		
T 3	Esophagus	Larynx		
T 4	Heart	Trachea		
T 5				
T 6	Gallbladder	Spleen	Wrist, Hand and Finger Numbness/Pain	Bronchitis
T 7	Liver	Kidneys	Middle Back Pain	Pneumonia
T 8	Diaphragm	Small Intestine	Congestion	Gallbladder Conditions
T 9	Stomach	Appendix	Difficulty Breathing	Jaundice
T 10	Pancreas	Adrenals	Asthma	Liver Conditions
T 11	Colon	Uterus	High Blood Pressure	Stomach Problems
T 12	Small Intestines	Buttocks	Heart Conditions	Ulcers
L 1				Gastritis
L 2	Large Intestines	Colon		Kidney Problems
L 3	Buttocks	Thighs		
L 4	Groin	Knees	Constipation	Bladder Problems
L 5	Reproductive Organs	Legs	Colitis	Menstrual Problems
		Feet	Diarrhea	Low Back Pain
		Toes	Gas Pain	Pain/Numbness in Legs
			Irritable Bowel	
SACRAL	Buttocks	Prostate Gland	Constipation	Menstrual Problems
	Reproductive Organs	Legs	Diarrhea	Low Back Pain
	Bladder	Ankles	Bladder Problems	Pain/Numbness in Legs